

## Original Paper

# Effective factors on confronting violence on married women

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## Abstract

**Background and Objective:** Family violence is known as a painful reality which does impact on all aspects of the victims' lives. The burden of family violence on the health of 15-44 year old women is more than that of breast cancer, womb cancer and the accident. This study was done to determine the effective factors on confronting violence on married women.

**Methods:** This descriptive - analysis study was done on 273 married women whom referred to health centers in Kordkuy city in Golestan province, north of Iran during 2011. The sample size has been made through casual classification out of proportionate sharing. The rate of exposure to physical, psychological and sexual violence was recorded in questionnaire for each subject.

**Results:** The average age and marital age of women and their husbands was  $29.4 \pm 7.8$ ,  $19.6 \pm 3.7$  and  $23.6 \pm 3.9$  years, respectively. 86.2% of the women were housewives. The exposure rate of physical, psychological and sexual violence was: 32.8%, 49% and 33.7%, respectively. The important factors related to womens and husbands were education of women and their husbands, women employment, marriage age of women and their husbands ( $P < 0.05$ ). The important factors related to family were number of children and household income ( $P < 0.05$ )

**Conclusion:** Level of education, employee, marriatal age and family income were the effective factors in confronting violence on married women in northern Iran.

**Keywords:** Violence, Woman, Marriage age, Family income, Education

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